

## What Is AI?

AI is a tool that helps you generate, summarize, organize, and improve information faster. Think of it as a very knowledgeable assistant – not a decision-maker.

### THINK OF AI AS:

- A drafting assistant
- A brainstorming partner
- A research aide
- A workflow helper

### DO NOT THINK OF AI AS:

- A replacement for human judgment
- A source of regulatory decisions
- A substitute for quality review
- A place to enter confidential data

## AI Guardrails For Clinical Research Sites

### DON'T:

- Upload protected health information (PHI)
- Upload confidential sponsor documents unless approved
- Copy and paste AI responses without review
- Assume AI is always correct
- Use AI to make medical decisions

### DO:

- Remove patient identifiers (PHI) before using AI
- Review all AI-generated content before sharing
- Verify regulatory, medical, and protocol-specific information
- Follow your organization's policies and approved tools
- Use AI to create first drafts, summaries, checklists, and workflows

## Better Prompts = Better Results

### Use this formula:

#### Role + Task + Context + Format

"You are a clinical research coordinator. Create a participant visit checklist for a Phase III obesity study. Include screening, baseline, and follow-up visits. Present as a table."

### The more context you provide, the better the output.

#### Quick starters:

- "Summarize these meeting notes into key decisions and action items."
- "Create a checklist for [process] at a clinical research site."
- "Rewrite this email to be professional, concise, and collaborative."
- "Build a step-by-step workflow for [task]."
- "What questions should I ask about [topic]?"

## 5 Tasks To Try This Week

Write a first draft of a document

Build a workflow

Create a checklist

Draft an email

Summarize  
a meeting

## Quick Wins You Can Use Today

### Meeting Summaries

"Summarize these meeting notes into key decisions, action items, owners, and due dates."

### SOP Drafting

"Create a draft SOP for documenting protocol deviations at a clinical research site."

### Email Writing

"Rewrite this email to be professional, concise, and collaborative."

### Workflow Mapping

"Create a step-by-step workflow for participant recruitment from referral to randomization."

### Training Materials

"Create a one-page training guide for new coordinators on informed consent best practices."

### Feasibility Responses

"Draft a response explaining our site's experience recruiting obesity and Type 2 Diabetes patients."

### Process Improvement

"Review this workflow and identify opportunities to reduce administrative burden."

**Start small. Experiment often. Review everything. The sites that learn how to work with AI today will have a significant operational advantage tomorrow.**