# ACRP 2019 APRIL 12-15, 2019 · NASHVILLE





The presenter for today's educational program is:

### **Paul Connelly**

I have no relevant financial relationship(s) in connection with this educational activity.





#### **Our Perfect Storm**

- Large amounts of high value data
- Growing uses of technology and data
- Dependence on third parties and data sharing
- Patient-centric focus
- Necessity for research





- Legacy of low priority given to security
- Substantial installed base of non-secure devices
- Opportunity to exploit for financial gain, leverage
- Sophistication and availability of malicious tools
- Low risk of being caught or punished



### **Understanding the Threats**









**Evolution** 

Disruption / **Annoyance** 

> Random malware

**Malicious** individuals

**Identity** Theft/Fraud

> Theft of patient records

> > Insiders

Lone-wolf criminals

Organized crime **Nation States** 

**Operational** or Business **Impact** 

Extortion, Theft of IP

Insiders Competitors

**Criminals** 

Ideological Groups

**Organized crime Nation States** 

**Patient** Safety

Attacks on integrity and availability systems and data

**Criminals** 

Insiders

Ideological **Groups** 

Organized crime **Nation States** Terrorists ACRP





\$1B suit filed against Sutter Health over data breach



84 Million Health Records Reported Breached Last year >40,000 Devices Disabled in 90 Seconds by Cyber Attack



Ransomware causes 52 UK
Hospitals to Divert Patients

Nuance knocked offline by ransomware attacking Europe

"THEDARKOVERLORD" to Post 9.3 Million Patient Records if Ransom is Not Paid



### What They Are After – "Crown Jewels"

#### **Patient Data**

- Personal data
- Insurance and payment
- Prescriptions
- Medical condition and treatment

### **Intellectual Property**

- Clinical trial data
- Research data
- Clinical results
- Tools and techniques
- Trade secrets

#### **Business Insider Information**

- Market-influencing insider information
- Business email accounts
- Employee names, roles
- Business process information

#### **Business Operations**

- Critical systems
- Leverage for extortion





### Why am I telling you this scary stuff?



### The risks have changed

- Our data and role makes us a target
- We have to step up our game
- "Every member of the team has to do their part"
- It won't happen to me famous last words





### Why Cybersecurity is Critical to Clinical Research

#### 1. Protects patients

Cybersecurity programs protect the confidentiality, integrity, and availability of data and systems used to care for patients. It is not a stretch to say it protects lives!

#### 2. Protects intellectual property

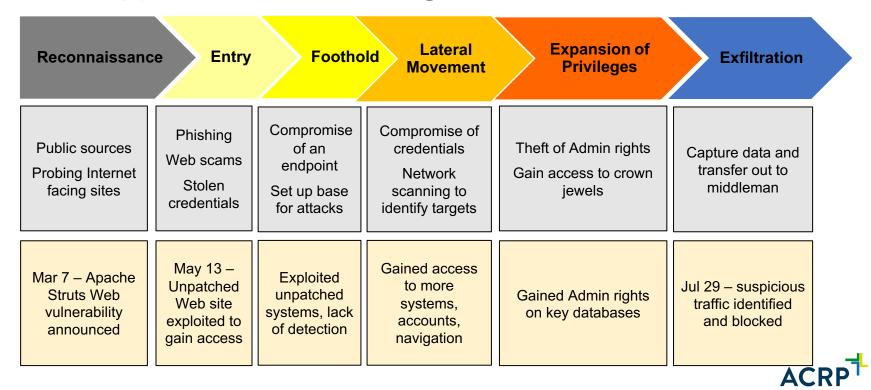
Data gathered in clinical trials may determine the competitive potential of the drug, device, diagnostic tool, or vaccine. A break-through could be worth billions of dollars. Cybersecurity in clinical research is more than an ethical imperative – it's an economic requirement.

#### 3. Protects reputation and credibility

Hacks make a lot of noise, and headlines can drastically alter a company's reputation. A breach of research/trial data can lead to challenges to the integrity and validity of conclusions and destroy or render a study worthless.



### **How it Happens – The Hacking "Kill Chain"**





### **Cybersecurity Focus: Break the chain**

#### **Threats**

**Sophisticated Criminal Groups / Nation-States** 

"Lone-Wolf" Criminals

Well-intentioned or Malicious Insiders and Vendors

**Hacktivists** 

**Terrorists** 



#### **Defenses**

#### Program foundation:

- Strategy
- Policy & guidance
- · Governance, audits, testing
- People

#### Processes:

- Risk management
- · Business engagement
- IT&S partnership
- Communications and training
- Threat Intelligence
- · Vulnerability management

#### Technology:

- Prevention
- Detection
- Response

#### Culture:

Leadership and staff support

"Crown Jewels"

**Patient Care** 

**Business Operations** 

Research/Intellectual Property

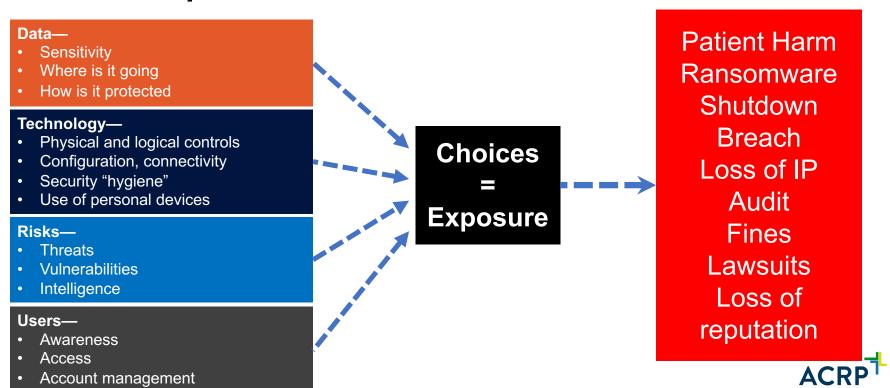
**Data Repositories** 

**Security Systems** 





### **How You Help - Connect the Dots to Your Role**





### **Do Your Part – Know Thyself**

- Know your security partners
- Know your Crown Jewels
- Think like the bad guys
  - O What do they want?
  - How could they get to it?
  - Think globally
- Work together on a plan for protection
- Keep an ongoing engagement the risk is not static!





### **Do Your Part – Tools for Protecting Your Data**

**Need to Know:** Access, use, or disclosure of information is for a legitimate patient care or business support purpose

Limited Data Set: Eliminate key elements across the data set to reduce the impact of a breach, while maintaining the validity of the data for operational or research purposes

Minimum Necessary: Share the

least amount of sensitive or confidential information needed to get the job done

**De-Identification:** Elimination of

specific personal identifiers in records to anonymize the data and reduce personal impact





### Do Your Part – Catch a Phish

### >90% of malicious activity starts with email

- Don't open attachments or click links in suspicious emails
- Watch for:
  - Unexpected notification, even from senders you know
  - Convincing but out of the ordinary scenarios
  - Sense of Urgency
  - Directing you to hyperlinks or attachments
  - Sometimes-- inaccurate information or grammar
- Verify or report/delete
- Apply the same caution to social media and websites

#### **Top Scams:**

- Amazon order issue
- FedEx/UPS/USPS delivery
- Help Desk tech support
- IRS tax issue
- Credit fraud investigation
- "Unusual activity" notice from bank
- Wire transfer request
- Account lock-out
- Missed court appearance
- Refund due





#### Do Your Part – Take It Home

- Protect your online accounts using:
  - Strong and UNIQUE passwords
  - Two-factor authentication where available
  - Access through VPN
  - Need-to-know and minimum necessary when it comes to social media
- Reduce your exposure to tax fraud and identity theft:
  - File your taxes early
  - o Consider a security freeze on your credit reports with Equifax, Experian, and TransUnion
  - Review your financial statements carefully
- Have a plan talk with your family and friends about all types of emergency situations and actually practice your plan.
- See something, say something no matter where you are.





### Pop Quiz!

From: Michael.Jones@BigPharma.com [mailto: sender30@gmail.com]

**Sent:** Tuesday, March 12, 2018 3:09 AM

**To:** Smith Beth < <u>Elizabeth.Smith@HCAHealthcare.com</u>>

**Subject:** {EXTERNAL} Updated Documents

Hi Elizabeth,

Attached are some documents for your to complete and return.

You can upload them directly to our new portal (click <a href="here">here</a> to log in).

I need you to get this done ASAP!

Regards

Michael





## Questions?

Paul Connelly paul.connelly@hcahealthcare.com

